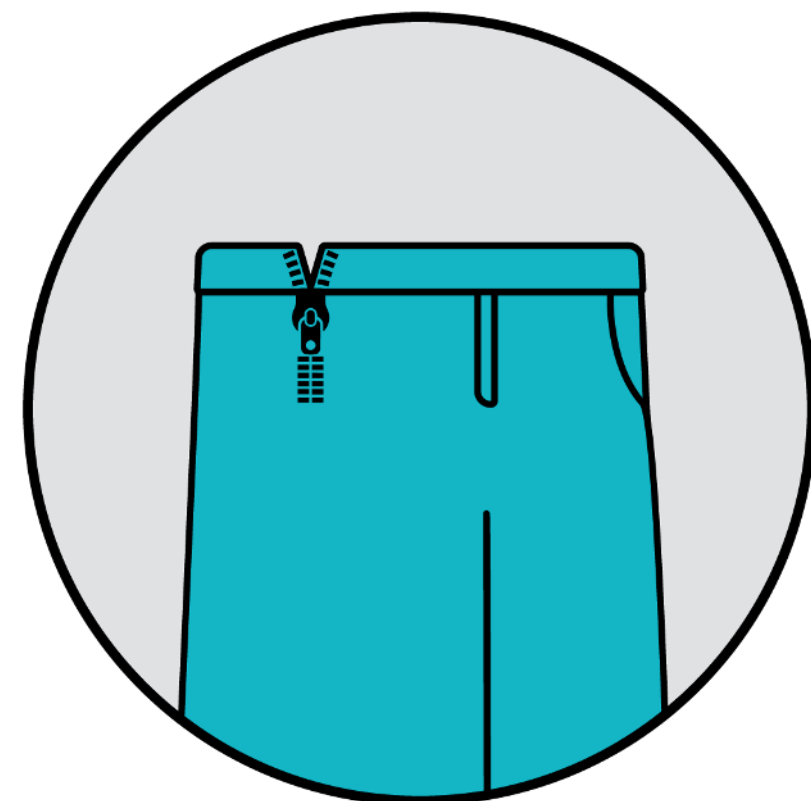
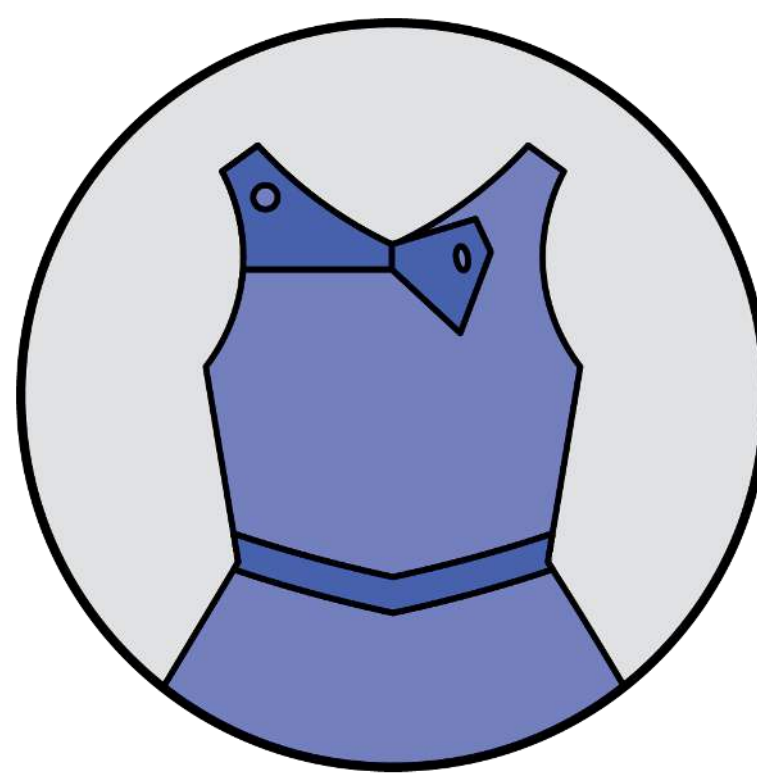


How to Dress Someone in Bed

Step-by-step



Dressing is a personal experience and needs to be done in a sensitive and respectful way.

Undressing

1. Gather their clothing.
 - They can choose what they wish to wear, or you can assist them in picking out their outfit for the day.
2. Start with the person lying down.
3. Have the person bend their knee and place their foot onto the bed.
4. Help the person to roll them towards you.
5. Remove one sleeve of their top, and tuck the loose part of their shirt underneath their back.
 - If they have a weak side, start by undressing their strong side.
6. Pull down the same side of their underwear and pants down over their hip.
7. Roll them onto their strong side.
8. Remove their shirt from their other/weak side.
9. Pull the other side of the pants down over their hip.
10. Have them turn onto their back.
11. Remove their pants and underwear.

Re-dressing

Remember to do everything in reverse order.

1. Start with lying them on their strong side.
2. Put their shirt on starting on their weak side.
3. Tuck as much of their shirt as you can underneath their back.
4. Slide their underwear and pants over their feet and pull them up as far as possible.
5. While you roll them onto their weak side, hold their pants and shirt in place as much as you can.
6. Pull their underwear and pants up.
7. Put their other shirt sleeve on.
8. Finish by doing up any buttons, snaps or velcro. Flatten any kinks or wrinkles to ensure no pinching or pulling.



For a more detailed tutorial, please scan the QR code.